



Halal Ready to Cook ABF Boneless Chicken Breast Stir Fry

FMI Code	45107
Brand	Fair Market
Cook Level	Ready to Cook
Type	Chicken
Case Pack	4/5 Pound
Storage	Frozen
Pallet Configuration	9 T x 9 H – 81 Cases Per Pallet
Net Case Weight	20 Pounds
Gross Case Weight	21 Pounds
Case Dimensions	17.37”L x 11.25” W x 5” H
Case Cube	.565 Cu Ft
Case/Unit UPC (GTIN)	6-94022-00000-0
Unit Dimensions	N/A
Unit Net Weight	5 Pounds



Preparation Instructions

Cook until chicken reaches an internal temperature of 165°F.

Ingredients

Boneless, skinless chicken breast.

Nutrition Facts

Serving size 5 oz (142g)

Amount Per Serving
Calories **170**

	% Daily Value*
Total Fat 3.5g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 65mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 32g	64%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.36mg	2%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens: No Known