



CP RTC Breaded Chicken Breast Fillets

FMI Code	40447N
Brand	Fair Market Inc.
Cook Level	Ready to Cook
Type	RTC Breaded Breast Fillet
Case Pack	2/5 #
Storage	Frozen
Pallet Configuration	13T x 11H = 143 cs per pallet
Net Case Weight	10 #
Gross Case Weight	11.25 #
Case Dimensions	N/A
Case Cube	N/A
Case/Unit UPC (GTIN)	N/A



Preparation Instructions

Containing up to 17.01% of a solution of water, seasoning [sugar, salt spice, yeast extract, monosodium glutamate, gum Arabic, maltodextrin, natural flavors (including extractives of celery seed)], modified food starch, sodium phosphate. Breaded with: wheat flour, water sugar, salt, yellow corn flour, modified corn starch, leavening (sodium bicarbonate, sodium aluminum phosphate, sodium acid pyrophosphate, monocalcium phosphate), wheat gluten, spice, gum Arabic, natural flavor, extractives of paprika. Breading set in vegetable oil.

Ingredients

Uncooked: For safety, must be cooked to an internal temperature of 165°F as measured by the use of a meat thermometer. Deep Fry: at 360°F for 6 minutes 15 seconds to 9 minutes 15 seconds. Bake at 425°F for 18—26 minutes.

Nutrition Facts

20 servings per container	
Serving size	4 oz (112g)
Amount Per Serving	
Calories	210
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 2g	10%
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 3g	
Monounsaturated Fat 4.5g	
Cholesterol 50mg	17%
Sodium 690mg	30%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 2g Added Sugars	4%
Protein 17g	34%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.108mg	0%
Potassium 12690mg	270%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens: Wheat