



## RTC #1 Breaded Chicken Breast Fillets 5oz

FMI Code	90544M
Brand	FMI
Cook Level	Ready to Cook
Type	Breaded Breast Fillets
Case Pack	4/5 Pound
Storage	Frozen
Pallet Configuration	10 T x 8 H – 80 Cases Per Pallet
Net Case Weight	20 Pounds
Gross Case Weight	21.5 Pounds
Case Dimensions	15.44”L x 11.5” W x 9.06” H
Case Cube	.931 Cu Ft
Case/Unit UPC (GTIN)	
Unit Dimensions	N/A
Unit Net Weight	20 Pounds



### Preparation Instructions

Each individual fillet must be cooked until the center of the thickest portion has a minimum internal temperature of 165°F as measured by a thermometer.

### Ingredients

Boneless, skinless chicken breast fillet portions with rib meat containing up to 17.01% of solution of water, seasoning (sugar, salt, spice, yeast extract, monosodium glutamate, gum arabic, maltodextrin, natural flavors [including extractives of celery seed]), modified food starch, sodium phosphates. **Battered and breaded with:** wheat flour, water, sugar, salt, contains 2% or less of : yellow corn flour, modified corn starch, leavening (sodium bicarbonate, sodium aluminum phosphate, sodium acid pyrophosphate, monocalcium phosphate), extractives of paprika, wheat gluten, spice, gum arabic, natural flavor. Breading set in vegetable oil.

## Nutrition Facts

45 servings per container	
<b>Serving size</b>	<b>(100g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>190</b>
	% Daily Value*
<b>Total Fat</b> 6g	<b>8%</b>
Saturated Fat 0.79g	<b>4%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 45mg	<b>15%</b>
<b>Sodium</b> 600mg	<b>26%</b>
<b>Total Carbohydrate</b> 13g	<b>5%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 2g	
Includes 2g Added Sugars	<b>4%</b>
<b>Protein</b> 20g	<b>40%</b>
Vitamin D 0mcg	0%
Calcium 5.95mg	0%
Iron 0.69mg	4%
Potassium 20.5mg	0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Allergens: Wheat**