



## Ready to Cook Breaded Chicken Breast Fillets

FMI Code	90544B
Brand	Fair Market
Cook Level	Ready to Cook
Type	Breaded Breast Fillets
Case Pack	4/5 Pound
Storage	Frozen
Pallet Configuration	10 T x 8 H – 80 Cases Per Pallet
Net Case Weight	20 Pounds
Gross Case Weight	21.5 Pounds
Case Dimensions	15.5”L x 11.5” W x 9.75” H
Case Cube	1.01 Cu Ft
Case/Unit UPC (GTIN)	6-94022-90544-5
Unit Dimensions	5.5 oz target
Unit Net Weight	5 Pounds



### Preparation Instructions

**Deep Fry:** At 350°F for approximately 5 minutes. Cook to an internal temperature of 165°F.

### Ingredients

Uncooked, boneless breaded chicken breast fillets containing up to 18% of solution of water, seasoning (salt, monosodium glutamate, sugar, yeast extract, onion powder, garlic powder, spices [including celery seed], natural flavors, chicken broth, chicken fat, citric acid, cooked chicken, grill flavor [from sunflower oil], modified potato starch, sodium phosphates.

**Battered and breaded with:** wheat flour, water, modified corn starch, salt, wheat gluten, monosodium glutamate, natural flavors, leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), spices, garlic powder, onion powder, lactic acid, extractives of turmeric. Breading set in vegetable oil.

## Nutrition Facts

62 servings per container	
<b>Serving size</b>	<b>5.15 oz</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>240</b>
% Daily Value*	
<b>Total Fat</b> 12g	<b>15%</b>
Saturated Fat 2g	<b>10%</b>
Trans Fat 0g	
<b>Cholesterol</b> 50mg	<b>17%</b>
<b>Sodium</b> 510mg	<b>22%</b>
<b>Total Carbohydrate</b> 12g	<b>4%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 22g	<b>44%</b>
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.36mg	2%
Potassium 0mg	0%
Vitamin A	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Allergens: Wheat**