



Oven Ready Whole Grain Nacho Encrusted Alaska Pollock Sticks 1 oz

FMI Code	38118SG
Brand	
Cook Level	Ready to Cook
Type	Seafood
Case Pack	1/20 Pound
Storage	Frozen
Pallet Configuration	11 T x 4 H – 44 Cases Per Pallet
Net Case Weight	20 Pounds
Gross Case Weight	21 Pounds
Case Dimensions	15.81”L x 9.81” W x 12.12” H
Case Cube	1.09 Cu Ft
GTIN	10028641081186
Unit Dimensions	N/A
Unit Net Weight	20 Pounds



Preparation Instructions

Place frozen sticks on a lightly oiled baking pan.

Convection Oven: Bake at 400°F for 12-14 minutes.

Conventional Oven: Bake at 425°F for 16-18 minutes.

Cook to an internal temperature of 155°F minimum.

Ingredients

65% Alaska pollock; **35% batter and breading:** whole wheat flour, whole yellow corn meal, enriched bleached wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), tortilla chips [corn, vegetable oil (contains corn oil and/or soybean oil and/or sunflower oil)], whole yellow corn flour, contains 2% or less of: yellow corn flour, water, corn starch, enriched wheat flour (flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), salt, spices, sugar, garlic powder, yeast, onion powder, yeast extract, leavening (sodium acid pyrophosphate, sodium bicarbonate), natural flavors, paprika extract (color). Par-fried in canola oil, cottonseed oil, and/or soybean oil.

Nutrition Facts

80 servings per container

Serving size 4 sticks

Amount Per Serving

Calories 220

% Daily Value*

Total Fat 9g	12%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 400mg	17%
Total Carbohydrate 22g	8%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 12g	24%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.3mg	8%
Potassium 190mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens: Fish (Pollock), Wheat