



Ready to Cook Breaded Chicken Tenders

FMI Code	46227SG
Brand	Fair Market
Cook Level	Ready to Cook
Type	Breaded Tenders
Case Pack	2/5 Pound
Storage	Frozen
Pallet Configuration	13 T x 11 H – 143 Cases Per Pallet
Net Case Weight	10 Pounds
Gross Case Weight	11.5 Pounds
Case Dimensions	14.5”L x 9” W x 6.38” H
Case Cube	.48 Cu Ft
Case UPC	6-94022-46227-6
Unit Dimensions	N/A
Unit Net Weight	5 Pounds



Preparation Instructions

Deep fry: At 350°F for 9-12 minutes.

Convection oven: Bake in single layer in pre-heated oven at 350°F for 20-25 minutes. Adjust times to quantity being cooked and equipment used.

Ingredients

Containing up to 25% of a solution of water, sodium phosphates, salt. **Breaded with:** enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, yellow corn flour, modified corn starch, spices, salt, leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), corn starch, garlic powder, sugar, dried buttermilk, disodium inosinate and disodium guanylate, tricalcium phosphate, onion powder, dried egg whites, yeast extract, mono and diglycerides, malt extract prebrowned in vegetable oil.

Nutrition Facts

53 servings per container	
Serving size	3 Oz (102g)
Amount Per Serving	
Calories	230
	% Daily Value*
Total Fat 10g	13%
Saturated Fat 1.5g	8%
<i>Trans</i> Fat 0g	
Cholesterol 25mg	8%
Sodium 450mg	20%
Total Carbohydrate 22g	8%
Dietary Fiber 5g	18%
Total Sugars 3g	
Includes 3g Added Sugars	6%
Protein 12g	24%
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 1.44mg	8%
Potassium 188mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens: Eggs, Milk, Wheat