



Ready to Cook Spicy Breaded Chicken Breast Fillets

FMI Code	93007J
Brand	Fair Market
Cook Level	Ready to Cook
Type	Solid Muscle, Breaded
Case Pack	4/5 Pound
Storage	Frozen
Pallet Configuration	10 T x 8 H – 80 Cases Per Pallet
Net Case Weight	20 Pounds
Gross Case Weight	21.5 Pounds
Case Dimensions	15.5”L x 11.5” W x 9.75” H
Case Cube	1.01 Cu Ft
Unit UPC	6-94022-93007-2
Unit Dimensions	N/A
Unit Net Weight	5 Pounds



Preparation Instructions

Deep fry: Fry at 350°F for 6 minutes.

Conventional oven: Bake at 425°F for 25-30 minutes.

Do not microwave.

Ingredients

Chicken breast fillets with rib meat containing up to 17% of a solution of water, seasoning [salt, sodium phosphates, modified potato starch, spice (including celery seed and mustard), gum Arabic, spice extractives, paprika, extractives of paprika, and extractives of turmeric]. **Breaded with:** wheat flour, water, modified corn starch, salt, lentil flour, spice, wheat gluten, yellow corn flour, leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), spice extractives, and extractives of paprika. Breading set in vegetable oil.

Nutrition Facts

80 servings per container

Serving size 4 Ounces (113g)

Amount Per Serving

Calories **220**

% Daily Value*

Total Fat 11g	14%
Saturated Fat 2g	10%
<i>Trans</i> Fat 0g	
Cholesterol 40mg	13%
Sodium 540mg	23%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 17g	34%
Vitamin D 1mcg	4%
Calcium 11mg	0%
Iron 0mg	0%
Potassium 254mg	6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens: Wheat