



Ready to Cook Breaded Chicken Tenders

FMI Code	8547
Brand	Fair Market
Cook Level	Ready to Cook
Type	Breaded Tenders
Case Pack	4/5 Pound
Storage	Frozen
Pallet Configuration	9 T x 8 H – 72 Cases Per Pallet
Net Case Weight	20 Pounds
Gross Case Weight	21.5 Pounds
Case Dimensions	"L x " W x " H
Case Cube	Cu Ft
Case/Unit UPC (GTIN)	6-94022-00000-0
Unit Dimensions	N/A
Unit Net Weight	5 Pounds



Preparation Instructions

Prepare using desired method, heat to an internal temperature of 165°F as measured by meat thermometer.

Ingredients

Chicken containing up to 20% of water, salt, sodium phosphates. **Battered with:** water, wheat flour, rice flour, buttermilk powder (buttermilk, whey solids), leavening (sodium aluminum phosphate, sodium bicarbonate), whey protein concentrate, soybean oil, methylcellulose gum, extractives of paprika. **Breaded with:** bleached wheat flour, salt, corn flake flour (corn, sugar, malt syrup, salt), spices, leavening (sodium aluminum phosphate, sodium bicarbonate), sugar, yeast, extractives of paprika. **Pre-dusted with:** bleached wheat flour, salt, corn flake flour (corn, sugar, malt syrup, salt), spices, leavening (sodium aluminum phosphate, sodium bicarbonate), sugar, yeast, extractives of paprika. Breading set in vegetable oil.

Nutrition Facts

Serving size	(112g)
Amount Per Serving	
Calories	190
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 30mg	10%
Sodium 820mg	36%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 16g	32%
Vitamin D 0mcg	0%
Calcium 7mg	0%
Iron 1mg	6%
Potassium 176mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens: Milk, Wheat