



3 Cheese Egg Bites

FMI Code	67401
Brand	Rim Rock Farms
Cook Level	Ready to Cook
Type	Breakfast
Case Pack	12/23 Ounce
Storage	Frozen
Pallet Configuration	10 T x 8 H – 80 Cases Per Pallet
Net Case Weight	17.25 Pounds
Gross Case Weight	19 Pounds
Case Dimensions	15.5”L x 11.5” W x 9.75” H
Case Cube	1.01 Cu Ft
Unit UPC	6-94022-67401-3
Unit Dimensions	10”L x 10”W x 3”H
Unit Net Weight	1.43 Pounds



Preparation Instructions

Oven: Bake at 350°F for 20-22 minutes.

Microwave: On full power for 2 minutes.

Ingredients

Eggs, cottage cheese (skim milk, milk, less than 2% cream, guar gum, calcium sulfate, locust bean gum, carrageenan, mono and diglycerides, sodium phosphate, potassium phosphate, dextrose, water, citric acid, lactic acid, phosphoric acid, natural flavors, salt, potassium sorbate, calcium chloride, cultures, enzymes), pasteurized process cheddar and monterey jack cheese (cheese [cultured milk, salt, enzymes], water, cream, sodium phosphates, salt, sorbic acid [preservative], natamycin [preservative], vegetable color [annatto and paprika extract]), reconstituted skim milk, butter (cream, salt), corn starch, pepper sauce (vinegar, red pepper, salt), salt, xanthan gum, citric acid.

Nutrition Facts

5 servings per container	
Serving size	2 pieces (130g)
Amount Per Serving	
Calories	230
	% Daily Value*
Total Fat 16g	21%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 250mg	83%
Sodium 700mg	30%
Total Carbohydrate 6g	2%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 15g	30%
Vitamin D 1.6mcg	8%
Calcium 190mg	15%
Iron 1.2mg	6%
Potassium 180mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens: Eggs, Milk