



## CP FC Breaded Chicken Nuggets

FMI Code	64483
Brand	Club Pack
Cook Level	Fully cooked
Type	Chicken
Case Pack	2/5 lb
Storage	Frozen
Pallet Configuration	13 T x 11 H—143 cs per pallet
Net Case Weight	10 lbs
Gross Case Weight	11.5 lbs



### Preparation Instructions

Conventional Oven: 425°F for 20 minutes (turning once) Microwave: High, 1—1.5 minutes (5 nuggets)

### Ingredients

Chicken breast with rib meat, water, bleached wheat flour, wheat flour, contains 2% or less of salt, dextrose, modified corn starch, sugar, yellow corn flour, spices, buttermilk solids, granulated garlic, onion powder, leavening (sodium acid pyrophosphate, sodium bicarbonate), yeast extract, natural flavor, spice, yeast, paprika oleoresin, dehydrated garlic, dehydrated onion, extractives of paprika, paprika and annatto oleoresin.

### Nutrition Facts

Serving Size 5 pieces (90g)		Servings Per Container 25	
<b>Amount Per Serving</b>			
<b>Calories 240</b>	<b>Calories from Fat 130</b>		
		<b>% Daily Value*</b>	
<b>Total Fat 15g</b>			<b>23%</b>
Saturated Fat 3g			15%
Trans Fat 0g			
<b>Cholesterol 45mg</b>			<b>15%</b>
<b>Sodium 570mg</b>			<b>24%</b>
<b>Total Carbohydrate 17g</b>			<b>6%</b>
Dietary Fiber 0g			0%
Sugars 1g			
<b>Protein 9g</b>			<b>18%</b>
Vitamin A 2%		Vitamin C 0%	
Calcium 2%		Iron 6%	
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
		Calories	2,000      2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**Allergens: Wheat, Milk**