



## Fully Cooked Chicken Wing Sections

FMI Code	46878
Brand	Good to Go
Cook Level	Fully Cooked
Type	Chicken
Case Pack	7/3 Pound
Storage	Frozen
Pallet Configuration	00 T x 00 H – 80 Cases Per Pallet
Net Case Weight	00.00 Pounds
Gross Case Weight	00.00 Pounds
Case Dimensions	00.00"L x 00.00" W x 00.00" H
Case Cube	.000 Cu Ft
Unit UPC	6-94022-46878-0
Unit Dimensions	N/A
Unit Net Weight	3 Pounds



### Preparation Instructions

**Deep fry:** At 350°F for 4-6 minutes.

**Convection oven:** Bake at 350°F for 10-15 minutes.

**Conventional oven:** Bake at 400°F for 15-20 minutes.

**Microwave:** On high using an 1100 watt microwave 2-4 minutes per serving.

Adjust times to quantity being cooked and equipment used.

### Ingredients

Chicken wings sections, water, less than 2% of seasoning (salt, paprika, spices, sugar, dehydrated red bell pepper, chili pepper, dextrose, yeast extract, onion powder, oleoresin paprika, extractives of celery seed, modified corn starch, garlic powder, extractives of turmeric), salt, sodium phosphates.

## Nutrition Facts

10 servings per container

**Serving size** 3 pieces (80g)

**Amount Per Serving**

**Calories** **180**

% Daily Value\*

<b>Total Fat</b> 12g	<b>15%</b>
Saturated Fat 3.5g	<b>18%</b>
Trans Fat 0g	
<b>Cholesterol</b> 110mg	<b>37%</b>
<b>Sodium</b> 570mg	<b>25%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 1g	
Includes 1g Added Sugars	<b>2%</b>
<b>Protein</b> 16g	<b>32%</b>
Vitamin D 0mcg	<b>0%</b>
Calcium 22mg	<b>2%</b>
Iron 1mg	<b>6%</b>
Potassium 185mg	<b>4%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Allergens: No Known**