



## FC Crispy Chicken Breast Strips

FMI Code	855658MM
Brand	Fair Market Inc.
Cook Level	Fully Cooked
Type	Chicken
Case Pack	2/5#
Storage	Frozen
Pallet Configuration	143 cs per pallet
Net Case Weight	10#
Gross Case Weight	11.5#
Case/Unit UPC (GTIN)	10077013010255/077013010258



### Preparation Instructions

**Conventional Oven:** Preheat oven to 425°F. Place frozen chicken strips in a single layer on an ungreased baking sheet. Bake uncovered for 25 minutes. **Microwave:** Place 6 frozen chicken strips on a microwave safe plate. Microwave on high for 4.5 minutes using a 1000W microwave. Let stand 1 to 2 minutes before serving. **Air Fryer:** Preheat air fryer to 375°F. Place frozen chicken pieces in basket in a single layer. Cook for 10 minutes. **Always make sure product reaches an internal temperature of at least 165°F. APPLIANCES VARY. ADJUST ACCORDINGLY.**

### Ingredients

Boneless Skinless Chicken Breast, Wheat Flour, Water, Contains 2% Or Less of Modified Food Starch, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Dextrose, Natural Flavor, Wheat Gluten, Sodium Phosphate, Extractives of Paprika.

### Nutrition Facts

About 8 servings per container

**Serving Size** 3 oz (84g)

Amount per serving

**Calories** 160

% Daily Value\*

**Total Fat** 6g 7%

Saturated Fat 1g 5%

Trans Fat 0g

Polyunsaturated Fat 3.5g

Monounsaturated Fat 1.5g

**Cholesterol** 35mg 12%

**Sodium** 500mg 22%

**Total Carbohydrate** 14g 5%

Dietary Fiber 0g 2%

Total Sugars 0g

Includes 0g Added Sugars 0%

**Protein** 14g 28%

Vit. D 0.1mcg 0% • Calcium 10mg 0%

Iron 0.4mg 2% • Potas. 230mg 5%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Allergens:** Soybeans or Soybean Derivatives, Sulphites or Sulphite Derivatives, Wheat or Wheat Derivatives