



Breaded Popcorn Chicken RTC

FMI Code	37336M
Brand	Fair Market
Cook Level	Ready to Cook
Type	Popcorn Chicken (solid muscle)
Case Pack	2/5 lb
Storage	Frozen
Pallet Configuration	13 x 11—143 cs per pallet
Net Case Weight	10 lbs
Gross Case Weight	11.5 lbs
UPC	6-94022-373366-7
GTIN	10694022373364



Preparation Instructions

Uncooked: For safety, must be cooked to an internal temperature of 165°F as measured by use of a calibrated meat thermometer.

Ingredients

CONTAINS UP TO 12% WATER, SEASONING [CHICKEN FLAVOR (NATIVE STARCH, NATURAL FLAVORS, CHICKEN BROTH, XANTHAN GUM, GUM ARABIC, GUAR GUM), SALT, SUGAR, SPICES, AND CARAMEL COLOR], SODIUM PHOSPHATES, SEASONING [SALT, AUTOLYZED YEAST EXTRACT, MALTODEXTRIN, HYDROLYZED SOY PROTEIN, GARLIC POWDER, ONION POWDER, TOMATO POWDER, SOYBEAN OIL (AS A PROCESSING AID), NATURAL AND ARTIFICIAL FLAVORS (INCLUDING EXTRACTIVES OF CELERY SEED), GREEN BELL PEPPER POWDER, RICE BRAN OIL, NOT MORE THAN 2% SILICON DIOXIDE ADDED TO PREVENT CAKING], ISOLATED SOY PROTEIN, SALT. BATTERED AND BREADED WITH: WHEAT FLOUR, WATER, MODIFIED WHEAT STARCH, SALT, SPICES, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, MONO ALCIUM PHOSPHATE), YEAST EXTRACT, ONION POWDER, SOYBEAN OIL, EXTRACTIVES OF PAPRIKA, TURMERIC AND ANNATTO. PRE-DUSTED WITH: WHEAT FLOUR, WHEAT GLUTEN, SALT, SOYBEAN OIL (AS A PROCESSING AID). BREADING SET IN VEGETABLE OIL.

Nutrition Facts

Serving Size 4oz (112g)	
Servings Per Container 81	
Amount Per Serving	
Calories 290	Calories from Fat 140
% Daily Value*	
Total Fat 16g	25%
Saturated Fat 4g	19%
Trans Fat 0g	
Polyunsaturated Fat 5g	
Monounsaturated Fat 6g	
Cholesterol 40mg	14%
Sodium 590mg	24%
Potassium 230mg	7%
Total Carbohydrate 21g	7%
Dietary Fiber less than 1g	3%
Sugars 0g	
Protein 15g	
Vitamin A 4%	• Vitamin C 2%
Calcium 2%	• Iron 4%
Folate 0%	
*Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Allergens: Soy, Wheat