



RTC Breaded Chicken Nuggets

FMI Code	89003
Brand	Fair Market
Cook Level	Ready to Cook
Type	Chicken
Case Pack	6/5 lb
Storage	Frozen
Pallet Configuration	7T x 7H—49 cs per pallet
Net Case Weight	30 lbs
Gross Case Weight	31.5 lbs
Case/Unit UPC (GTIN)	N/A



Preparation Instructions

For safety, must be cooked to an internal temperature of 165 °F as measured by a thermometer.

Ingredients

Chicken breast with rib meat, water, sodium phosphates, salt. Battered & Breaded with: wheat flour, water, bleached wheat flour, salt, modified corn starch, spices, leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate, yeast, spice extractives and xanthan gum. Breeding set in vegetable oil.

Nutrition Facts

servings per container	
Serving size	(100g)
Amount per serving	
Calories	190
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 940mg	41%
Total Carbohydrate 14g	5%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 15g	
Vitamin D 0mcg	0%
Calcium 14mg	2%
Iron 1mg	6%
Potassium 222mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens: Wheat