



FC Breaded Chicken Nugget

FMI Code	880178
Brand	Fair Market
Cook Level	Fully Cooked, Breaded
Type	FC Brd/Batt Nugget
Case Pack	32 Pound
Storage	Frozen
Pallet Configuration	8T x 8H = 64 Cases Per Pallet
Net Case Weight	32 Pounds
Gross Case Weight	34 Pounds
Case UPC	6-94022-00000-0



Preparation Instructions

Cook to a minimum of 165°F. Bake at 350°F for 8-12 minutes for convection oven. Bake in conventional oven at 400°F for 12-15 minutes.

Ingredients

Nugget shaped chicken patties— white chicken, water, potassium lactate, modified corn starch, contains less than 2% of salt, potassium chloride, dextrose, sodium phosphate, carrageenan, sodium diacetate, lemon juice solids, flavor. Breading— wheat flour, dextrose, yellow corn flour, modified corn starch, wheat gluten, egg whites, whey [from milk], spices, caramel color, salt, paprika [color], onion powder, extractives of paprika, celery seed extract. Batter— Bleached wheat flour, food starch— modified, yellow corn flour, dextrose, flavor, garlic powder, extractives of paprika, monosodium glutamate, caramel color. Seasoning Blend— enriched wheat flour (enriched with niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), enriched bleached wheat flour (bleached wheat flour, malted barley flour, niacin, reduced Iron, thiamine mononitrate, riboflavin, folic acid), tapioca dextrin, modified corn starch, salt, garlic powder, onion powder, soybean oil (as a processing aid), spices, spice extractive, extractives of celery seed. Browned in soybean oil.

Nutrition Facts

Serving Size: 3.2 oz (92g)

Serving Per Container:

Amount Per Serving

Calories Calories from Fat 110

% Daily Value*

Total Fat 12g 18%

Saturated Fat 2.5 g 13%

Trans Fat 0g

Cholesterol 35 mg 12%

Sodium 500 mg 21%

Total Carbohydrate 17g 5%

Dietary Fiber 0g 0%

Sugars 1g

Protein 15g

Vitamin A 0% Vitamin C 6%

Calcium % Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet.

Allergens:
Egg, Milk, Wheat